

Scripture that Supports the Importance of the Sabbath

William J.D. Shaw

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1. Introduction

When one studies Judgment and the criteria used for Judgment that leads to Salvation, one finds that the Sabbath is of extreme importance. Every one is judged before salvation. Judgment established by a Witnesses or Testimonies attached to the Ark of the Covenant. These include keeping the Sabbath as well as accepting and obeying Yeshua as the Messiah.

2. Scripture from the Book of Hebrews

Heb 4:1 Therefore, since **a promise remains of entering into His rest**, let us **fear lest any of you seem to have come short of it.**

Heb 4:2 For indeed **the Good News was brought to us as well as to them, but the word which they heard did not profit them, not having been mixed with belief in those who heard it.**

Heb 4:3 For **we who have believed do enter into that rest**, as He has said, **“As I swore in My wrath, if they shall enter into My rest...”** [Psa 95:11](#) And yet His works have come into being from the foundation of the world.

Heb 4:4 For somewhere He has said thus about the seventh day, **“And Elohim rested on the seventh day from all His works,”** [Gen 2:2](#).

Heb 4:5 and in this again, **“If they shall enter into My rest...”** [Psa 95:11](#).

Heb 4:6 Since then it remains for some to enter into it, **and those who formerly received the Good News did not enter in because of disobedience,**

Heb 4:7 He again defines a certain day, **“Today,”** saying through Dawid so much later, as it has been said, **“Today, if you hear His voice, do not harden your hearts.”** [Psa 95:7-8](#).

Heb 4:8 For if **Yehoshua had given them rest**, He would not have spoken of another day after that.

Heb 4:9 So there **remains a Sabbath-keeping^a** for the **people of Elohim.** Footnote: ^aThe Greek word is *sabbatismos*, which means Sabbath-keeping.

Heb 4:10 For the one, having entered into His rest, has **himself also rested from his works**, as **Elohim rested from His own.**

Heb 4:11 Let us therefore **do our utmost to enter into that rest**, lest anyone **fall after the same example of disobedience.**

Heb 4:12 **For the Word of Elohim is living, and working**, and sharper than any two-edged sword, cutting through even to the dividing of being and spirit, and of joints and marrow, and able to judge the thoughts and intentions of the heart.

Heb 4:13 And there is **no creature hidden from His sight, but all are naked** and laid bare before the eyes of Him with whom is our account.

Jesus the Great High Priest

Heb 4:14 Therefore, since we have a **great High Priest** who has passed through the heavens, **יהושע the Son of Elohim**, let us hold fast our confession.

Heb 4:15 For we do not have a High Priest unable to sympathize with our weaknesses, but One who was tried in all respects as we are, apart from sin.

Heb 4:16 Therefore, let us come boldly to the throne of favour, in order to receive compassion, and find favour for timely help.

Heb 5:9 And having **been perfected**, He became the Causer of **everlasting deliverance to all those obeying Him**,^b Footnote: ^b [Jhn 3:36](#), [Jhn 14:15](#), [Jhn 14:23](#), [Jhn 15:10](#), [Act 3:22-23](#).

2. Conclusion

Reading the above scriptures carefully, one finds clearly **both** keeping the Sabbath and obedience is required for Salvation. Those that walk in disobedience are in serious trouble. The criteria for Judgment is clear. Salvation is given via grace after Judgment. All men are Judge. Keeping the Sabbath is an integral part of Judgment. Ignore that at your own peril.

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